

		Where learned					Where preferred							
		Did not learn	Training in preparation to become a doula	Clinical experience in preparation to become a doula	On the job while in the role of a doula	Continuing education while in the role of a doula	Count	Did not learn	Training in preparation to become a doula	Clinical experience in preparation to become a doula	On the job while in the role of a doula	Continuing education while in the role of a doula	Total	
Domain 1	TASK 1: Adhere to a code of conduct and professional standards and operate within a Certified Professional Doula (CPD) scope of practice (both to be defined by the National Doula Certification Board)	Conduct all professional activities within the defined scope	0%	85%	0%	13%	3%	39	0%	88%	6%	6%	0%	17
	Identify if tasks and behaviors are within the NDCB Scope of Practice	5%	77%	0%	13%	5%	39	6%	88%	6%	0%	0%	17	
	Identify if actions are in compliance with the NDCB Code of Conduct and Pro	13%	67%	0%	8%	13%	39	6%	94%	0%	0%	0%	17	
	Collaborate with health care professionals and the client's care team to max	5%	33%	26%	28%	8%	39	0%	59%	35%	6%	0%	17	
	Respect intellectual property and correctly reference source information for	18%	51%	0%	21%	10%	39	0%	94%	6%	0%	0%	16	
	TASK 2: Commit to evidence-based practice through research and education	Differentiate between credible and non-credible sources of information	16%	50%	0%	18%	16%	38	0%	65%	18%	6%	12%	17
	Validate new information through multiple sources	21%	37%	3%	24%	16%	38	0%	71%	6%	12%	12%	17	
	Adapt support measures to implement new knowledge into best practice	8%	40%	5%	40%	8%	38	0%	59%	6%	29%	6%	17	
	TASK 3: Respect and safeguard the privacy rights of clients and adhere to HIPAA regulations.	Keep confidential all aspects of client care unless formally waived or in emer	8%	74%	3%	13%	3%	38	0%	83%	11%	0%	6%	18
	Develop a plan for secure storage of client information	21%	40%	0%	26%	13%	38	0%	83%	6%	0%	11%	18	
	Appropriately collaborate with outside resources without compromising clie	8%	54%	3%	27%	8%	37	0%	71%	12%	6%	12%	17	
	TASK 4: Commit to providing the highest quality of care through non-judgmental support.	Recognize personal biases	3%	69%	0%	14%	14%	36	0%	100%	0%	0%	0%	18
	Set aside personal biases in order to provide the best possible care for client	3%	57%	0%	31%	9%	35	0%	88%	13%	0%	0%	16	
	Work to eliminate or mitigate known biases	3%	56%	3%	17%	22%	36	0%	83%	0%	11%	6%	18	
	Refer clients to other sources of support if personal biases prevent highest q	3%	64%	0%	25%	8%	36	0%	83%	0%	11%	6%	18	
	TASK 5: Utilize professional, effective, and timely communication strategies with clients, healthcare professionals, and all involved parties to clarify plan of care and resolve conflicts.	Remain calm and focused on outcomes for client	3%	56%	8%	33%	0%	36	0%	78%	17%	6%	0%	18
	Actively listen for understanding	3%	72%	3%	22%	0%	36	0%	94%	6%	0%	0%	18	
	Establish common ground for communication	3%	53%	6%	36%	3%	36	0%	83%	11%	6%	0%	18	
	Use standard professional communication protocols	3%	64%	3%	14%	17%	36	0%	89%	6%	6%	0%	18	
	Domain 2	TASK 1: Interview the client to collect objective and subjective information to determine doula/client compatibility.	Identify client needs and wishes through properly phrased questions	9%	56%	6%	29%	0%	34	6%	94%	0%	0%	0%
Review relevant medical history		9%	47%	9%	27%	9%	34	0%	88%	12%	0%	0%	17	
Discuss cultural and familial factors		3%	52%	6%	27%	12%	33	0%	88%	6%	6%	0%	16	
Recognize elements of emotional/psychological well being		6%	56%	6%	21%	12%	34	0%	82%	18%	0%	0%	17	
Actively listen and effectively communicate		6%	67%	6%	18%	3%	33	0%	75%	19%	6%	0%	16	
TASK 2: Develop a Plan of Care based on the client's needs, goals, wishes and other relevant factors.		Interpret data provided by client and select appropriate support measures	6%	63%	0%	22%	9%	32	0%	82%	12%	0%	6%	17
Assess client's knowledge of processes and readiness (birth, postpartum, en		6%	50%	6%	34%	3%	32	0%	82%	12%	0%	6%	17	
Help client define goals and expectations and provide educational support to		6%	53%	3%	34%	3%	32	0%	82%	18%	0%	0%	17	
Consider a wide variety of support measures		0%	71%	3%	19%	7%	31	0%	100%	0%	0%	0%	17	
TASK 3: Implement, Assess, and Modify the Client Plan of Care.		Effectively communicate to all interested parties	6%	59%	0%	34%	0%	32	8%	77%	15%	0%	0%	13
Obtain client feedback to ensure satisfaction		6%	53%	3%	34%	3%	32	0%	85%	8%	8%	0%	13	
Utilize a variety of support techniques (emotional, physical and informationa		0%	75%	3%	19%	3%	32	0%	92%	8%	0%	0%	13	
Demonstrate positional adjustments for labor, feedings, newborn developm		0%	69%	9%	19%	3%	32	0%	77%	15%	8%	0%	13	
Quickly assess needs based on sudden changes and make modifications		3%	56%	0%	38%	3%	32	0%	81%	13%	0%	6%	16	
Support and involve family/siblings		9%	66%	3%	19%	3%	32	0%	94%	0%	0%	6%	17	
Assess successes and gaps in Plan of Care	9%	56%	3%	22%	9%	32	0%	88%	6%	0%	6%	17		
Discuss possible modifications to Plan of Care with all involved parties	6%	53%	3%	34%	3%	32	0%	77%	18%	6%	0%	17		
Recognize common complaints vs. red flags and possible medical complicati	6%	59%	3%	16%	16%	32	0%	94%	6%	0%	0%	17		

TASK 4: Provide follow-up opportunities for processing for both client and for the doula and make reputable referrals where applicable.	Actively listen	3%	68%	0%	26%	3%	31	0%	100%	0%	0%	0%	18
	Guide the client through processing events (both positive and negative) and	3%	66%	0%	16%	16%	32	0%	89%	6%	0%	6%	18
	Assess situations to determine if additional professional resources should be	6%	72%	0%	16%	6%	32	0%	89%	6%	6%	0%	18
	Process one's own experiences through a developed plan that may include p	16%	53%	3%	25%	3%	32	0%	94%	6%	0%	0%	18
	Avoid burnout and compassion fatigue through use of a developed plan of se	3%	53%	3%	22%	19%	32	0%	83%	6%	0%	11%	18
TASK 5: Ensure client safety through all phases of the Plan of Care by following all applicable health protocols and procedures.	Follow correct OSHA protocols for handwashing, gloving, changing CHUX par	16%	63%	3%	3%	16%	32	0%	89%	0%	0%	11%	18
	Follow correct procedures for moving clients with an epidural	19%	59%	3%	16%	3%	32	6%	83%	6%	0%	6%	18
	Follow correct procedures for supporting clients through the administration	13%	63%	3%	22%	0%	32	0%	83%	11%	0%	6%	18
	Follow protocols regarding sterile fields	16%	56%	0%	22%	6%	32	6%	83%	6%	0%	6%	18
	Allow healthcare team to carry out their duties without interference	0%	81%	6%	13%	0%	32	0%	83%	11%	0%	6%	18
	Follow recommendations from regulatory agencies (sleep guidelines, manda	13%	71%	0%	7%	10%	31	6%	89%	0%	0%	6%	18
	Recognize red flags within the specific area of care	7%	77%	7%	10%	0%	31	0%	100%	0%	0%	0%	18
	Refer clients to consult with their health care provider in cases of concern or	0%	81%	0%	13%	7%	31	0%	89%	6%	0%	6%	18
Domain 3 TASK 1: Set up a business to operate per the state and federal regulations wherein the doula abides and practices.	Navigate state and federal websites and determine necessary steps for busin	10%	52%	0%	32%	7%	31	0%	94%	0%	0%	6%	17
	Choose appropriate business entity designation	13%	55%	0%	32%	0%	31	0%	94%	0%	0%	6%	17
TASK 2: Create elements to successfully operate a small business or sole proprietorship, including a business plan, branding, accounting, calendar management, and record keeping.	Develop a simple business plan	13%	52%	0%	23%	13%	31	0%	100%	0%	0%	0%	17
	Appropriately brand a business	16%	55%	0%	16%	13%	31	0%	100%	0%	0%	0%	17
	Establish sound accounting practices	19%	42%	0%	29%	10%	31	6%	94%	0%	0%	0%	17
	Manage scheduling of clients and backup support	13%	45%	3%	39%	0%	31	0%	88%	6%	6%	0%	17
	Develop a procedure for detailed notetaking (charting) of each client's Plan c	29%	39%	3%	23%	7%	31	0%	88%	0%	12%	0%	17
	Develop a system for secure client information management	33%	37%	3%	20%	7%	30	0%	94%	0%	6%	0%	17
TASK 3: Obtain appropriate liability insurance coverage.	Research available insurance options for their business designation and activ	23%	52%	7%	19%	0%	31	12%	88%	0%	0%	0%	17
TASK 4: Develop a fee schedule and contract for offered services/support.	Create, implement, and modify a contract	13%	60%	0%	27%	0%	30	0%	100%	0%	0%	0%	17
	Research market value for services per education, experience level, training,	13%	37%	0%	40%	10%	30	0%	94%	0%	0%	6%	17
	Determine value of services offered and set appropriate price points	13%	37%	0%	43%	7%	30	0%	88%	6%	0%	6%	17
	Determine terms of payment, deposits, balance, refunds, etc.	13%	40%	0%	40%	7%	30	0%	88%	0%	6%	6%	17
TASK 5: Develop a plan for personal safety	Make conscious decisions toward safety	17%	62%	0%	17%	3%	29	12%	82%	6%	0%	0%	17
	Prepare ahead of time to mitigate safety risks	21%	55%	0%	17%	7%	29	12%	82%	6%	0%	0%	17
	Assess a situation to determine baseline	21%	55%	0%	14%	10%	29	12%	82%	6%	0%	0%	17
	Determine threats within the surrounding environment or from individuals v	24%	52%	0%	14%	10%	29	12%	82%	6%	0%	0%	17
	Determine an appropriate action to ensure safety or mitigate possible issues	24%	52%	0%	14%	10%	29	13%	81%	6%	0%	0%	16